**Soochen Low**

**“The Queen of Clearing Blocks to Joyful Living”**

[**www.happypositivesuccessful.com**](http://www.happypositivesuccessful.com)

**SPEAKER INTRO AND TALK SUMMARY**

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**Title: Yes, You Can! Yes, you are MORE than enough!**

**---For passionate, motivated, and spiritual women entrepreneurs/mumpreneurs/mums who lack self-confidence and are ready to take action and learn the skills to unlock your BEST self by tapping into your JOY all the time and finally live the life of your dreams.**

**SPECIAL GUEST: Soochen Low, Author of *The 50 Transformational Life Skills that Uplift and Empower you to Start Living, Love your Life and Enjoy what life throws at you* and the *Happy.Positive.Successful Formula.***

Do you want to be 100% confident and comfortable in your own skin all the time and be completely happy in yourself? Do you wish to have an unstoppable attitude, block out the negativity and embrace who you truly are? Are you tired of being stopped by your critical or negative talk, like “Can you do this?” or “Are you enough?” Are you ready to learn the skills to be finally **FREE** of your self-doubts, insecurities, fears, worries and the constant feeling of being “Not Enough”? Join Soochen Low and learn how and why her proven 5 Step Happy.Positive.Successful Formula is your key to unlocking your BEST self-the Unlimited and Unstoppable you, the YOU that you love, trust and stand by all the time so that you can finally live the life of your dreams.

In this action packed session, **you will learn:**

* The **Source** of your self-doubts, insecurities, fears, worries and the constant feeling of being “Not Enough”.
* How to be 100% confident and comfortable in your own skin all the time and be completely happy in yourself.
* How and why the proven **5 Step H.P.S Formula** is what you need to unlock your BEST you, so that you can finally live the life of your dreams.

Yes! You can. Yes! You are MORE than enough. You do not have to live or put up with the constant feeling of being LESS and needing to be MORE. Your BEST you is in you. You just need to master the key of tapping into your joy all the time and UNLOCK the YOU that has been there all along.

**SOOCHEN LOW’S BIO FOR PRINT**

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Honoured as “one of the most popular teachers in Hujiang” and "a woman who is filled with love, dreams, courage and the spirit of adventure plus other qualities such as "positive, kind, energetic, responsible, love life, patient, optimistic, generous and warm-hearted, in less than 2 years of teaching her programs to Chinese audiences on Hujiang, the biggest Internet learning platform in China with an active base of 80 million, Soochen Low, Happy.Positive.Successful Joy Expert & Coach received over 30,000 red flowers or likes for her programs plus now has a 200,000 loyal fan base. Also known by many as “The Queen of Clearing Blocks to Joyful Living”, she has helped thousands of women all over the world to unlock their BEST self by tapping into their joy ALL the time so that they can finally live the life of their dreams.

With 15 years of experience working with amazing clients with similar worries and concerns and guiding them to achieve remarkable success, Soochen’s students are always blown away by how she is able to pinpoint the exact source of where and how their BEST self has been locked away where books, self-development courses, psychologists and counsellors failed to uncover.

When one student was asked if she would recommend Soochen to people she knew, her answer was, "Yep, 'cause she is so generous, who doesn't love her?"

Other clients also say remarkable things about the impact of Soochen's work on their lives.

*“Soochen helped me to understand the importance of acknowledging my progress however small. This gave the power to keep going with making positive changes. Acknowledgement of my progress as well my mistakes created the balance so that I embraced both my weaknesses and my strengths. I started to believe in myself that despite my mistakes, I’m still a good person because I’m making effort to right the wrongs now.”*

“Now I know the sunshine is always on my side and the darkness is just temporary. This helps me to move forward and stay on track for what I need to do in my life. At the end of the day, a sunny, positive outlook gives me a vitality that raises me up from the lowest of spirits to giddy heights. I am very grateful that I found Soochen. It was a coincidence that has changed my life so much.

With such a friend, mentor and champion in your corner, Soochen truly is the undisputed H.P.S Joy Expert who can help you to be happy.positive.successful all the time and live the life of your dreams- one that you truly love and enjoy what life throws at you.

To receive Soochen’s ‘Happy.Positive.Successful Formula Blueprint’ and 5 Step H.P.S Video Series, subscribe today at [www.happypositivesuccessful.com](http://www.happypositivesuccessful.com).

**INTRODUCING SOOCHEN LOW**

If you’re tired of always asking yourself “Can I do this, am I enough?” and feeling less than 100% confident and comfortable in your own skin all the time, then today is your chance to transform that forever! If you are ready to take action and learn the skills to unlock your BEST self by tapping into your joy ALL the time and live the life of your dreams, then you’re in for a real treat!

Today, I am so excited to introduce to you Soochen Low, known by many as “The Queen of Clearing Blocks to Joyful Living” your personal Happy.Positive.Successful Joy Expert and Coach. She has helped thousands of passionate, motivated, and spiritual women entrepreneurs, mumpreneurs and mums all over the world to unlock their BEST self so that they can live the life of the dreams by being happy.positive.successful ALL the time. In less than 2 years of teaching her programs, Soochen has taken her China audiences by storm on Hujiang, the biggest Internet learning platform in China with an active base of 80 million. Soochen has received over 30,000 red flowers or likes for her programs and has a 200,000 loyal fan base. She has received unanimous acclaim from thousands of her students dubbing her "one of the most popular teachers in Hujiang" and when one student was asked if she would recommend Soochen to people she knew, her answer was, "Yep, 'cause she is so generous, who doesn't love her?"

Other clients also say remarkable things about the impact of Soochen's work on their lives. One student says,

“*Now I know the sunshine is always on my side and the darkness is just temporary. This helps me to move forward and stay on track for what I need to do in my life. At the end of the day, a sunny, positive outlook gives me a vitality that raises me up from the lowest of spirits to giddy heights. I am very grateful that I found your classes Soochen. It was a coincidence that has changed my life so much. It is my great pleasure to be your student!"*

With such a friend, mentor and champion in your corner, Soochen truly is the undisputed H.P.S Joy Expert who can help you to be happy.positive.successful all the time and live the life of your dreams- one that you truly love and enjoy what life throws at you.

Welcome… Soochen Low

**Soochen Low, “The Queen of Clearing Blocks to Joyful Living”** [www.happypositivesuccessful.com](http://www.happypositivesuccessful.com)

**QUESTIONS FOR INTERVIEW**

1. Soochen, I’ve heard you referred to as “The Queen of Clearing Blocks to Joyful Living”. How did this title come about and can you explain a little bit more about it?
2. What is the Happy.Positive.Successful Formula?
   1. 3 points from the H.P.S Formula
   2. Who it’s for- passionate, motivated and spiritual women entrepreneurs/mumpreneurs/mums, ready to take action and learn the skills to unlock their BEST self by tapping into their joy ALL the time and finally live the life of their dreams
3. Let’s talk about your background a little and how you became a Joy Expert.
   1. Soochen to talk about her dark times where her life hit rock bottom and discovered the H.P.S Formula to rebuild her life. She then helped thousands all over the world with the same Formula.
4. How do women unlock their BEST self by tapping into their joy ALL the time?
   1. Soochen to talk about the H.P.S Formula equation.
   2. How the 7 elements work together to unlock someone from the lack of self-confidence, self-doubts, worries and let their BEST self come through.
5. So how do women get started to learn the skills to unlock their BEST self?
   1. Soochen to talk about her 5 Step H.P.S Formula
6. Are there mistakes/traps that people make that stops them from being happy.positive.successful all the time?
   1. Soochen to talk about the 7 traps that locks people into a life of unhappiness.
7. I can see that your H.P.S Formula is a logical process designed to deliver positive and successful results. Do you have any advice for those people who have trouble believing that this works and that it could be too good to be true?
   1. Soochen exposes 7 myths and shares the 7 truths.
8. I am sure that there are lots of our listeners out there who are eager to get started and learn how they unlock their BEST self by tapping into their joy ALL the time and finally live the life of their dreams What can you offer to our listeners today and how can they get their hands on more?
   1. Soochen shares the “Confidence Toolkit”